

NRMP SMS Nephrology Match for Appointment Year 2016–2017: ASN Brief Analysis Kurtis Pivert, ASN Content and Media Analyst

On December 2, 2015, the National Resident Matching Program (NRMP) released preliminary results of the Specialties Matching Service (SMS) Match for Appointment Year (AY) 2016–2017. This is the first nephrology Match since implementation of the "All-In" policy, where all accredited training programs and all positions must be filled through the NRMP Match.

Key Points

- There was a substantial increase in programs (18%) and positions (25%) certified in the Match in first year of "All-In" over AY 2015.
- The number of matched nephrology fellows increased 8.7%, from 254 to 276.
- The number of applicants preferring nephrology rose 11% in AY 2016.
- There was a slight uptick in applications from US medical graduates (USMGs), but international medical graduate (IMG) applications continued a 6-year decline.
- Unfilled programs and positions continued to rise (36.8% and 58.3%, respectively, compared with AY 2015). The "All-In" Match policy, which led to an upturn in certified programs and positions, may have contributed to the larger proportional increase.

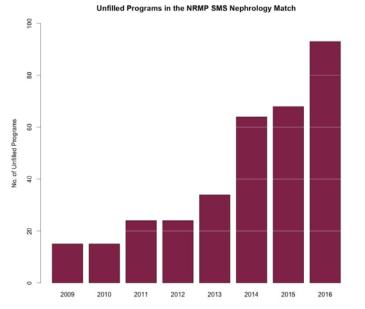
Nephrology Match for AY 2016

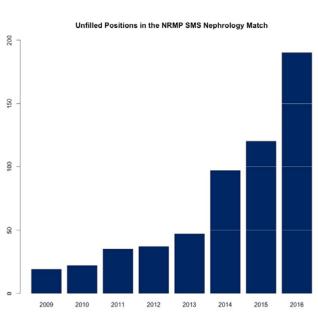
Recent trends—increasing numbers of unfilled nephrology training programs (58.9%) and fellowship positions (59.2%)—continued in the first year of "All-In." However, the numbers of overall applications and USMG applicants rose slightly (by 11% and 2.5%, respectively) in AY 2016, reversing a 7-year decline. More osteopathic graduates and US graduates of international medical schools listed nephrology as their Preferred Specialty in AY 2016, stemming recent drops over the past 5 years. It is important to note that IMGs continue to turn away from nephrology. Over the past 6 years, the number of IMGs choosing the specialty decreased by 69.8%, from 336 to 100.

Preliminary results for AY 2016 demonstrated substantial increases in unfilled positions (58%) and unfilled programs (37%) compared to AY 2015. However, the first year of "All-In" reversed a 3-year decline in programs and positions certified in the Match, which may have contributed to this year's larger proportional increase.

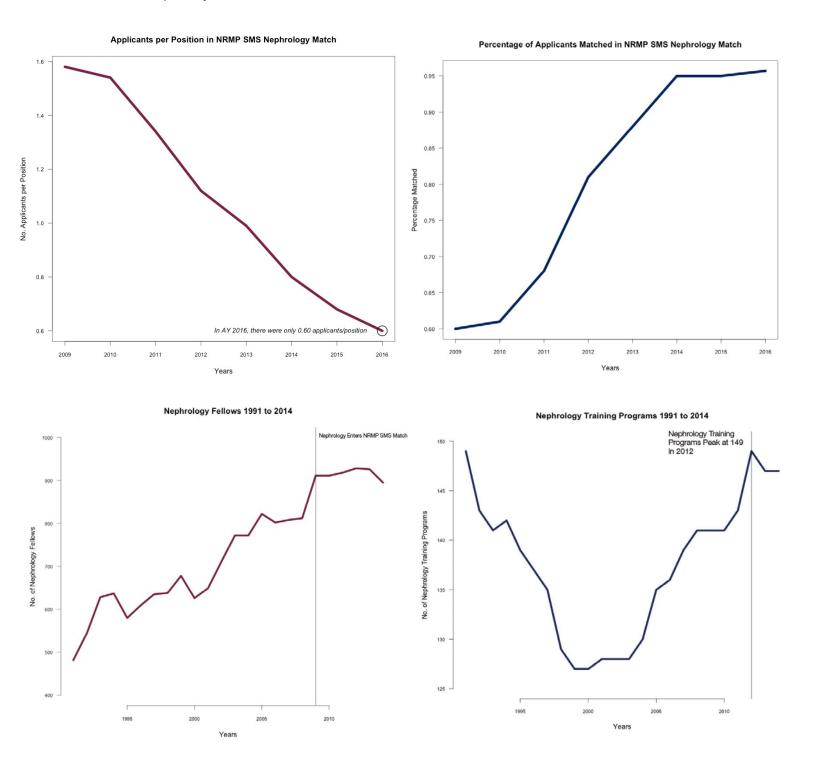
of Unfilled Positions

9





In AY 2016, there were 0.60 applicants per nephrology fellowship position, a 62% decline since nephrology joined the Match in AY 2009. Again, the 25% increase in offered positions may have contributed to this drop. As with the previous 3 years, nearly every applicant listing nephrology as their Preferred Specialty matched, with a 95.7% Match rate in AY 2016.



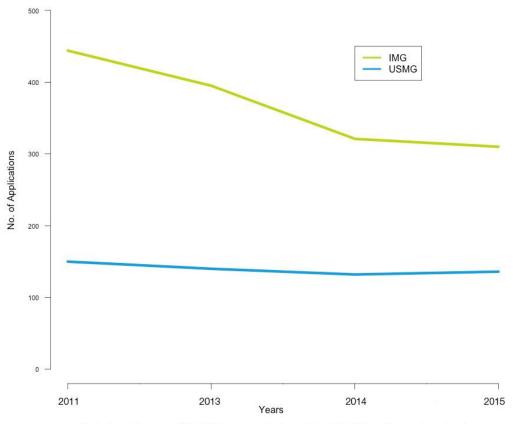
Nephrology Match Results—NRMP SMS Appointment Years (AY) 2009–2016										
	2009	2010	2011	2012	2013	2014	2015	2016		
POSITIONS										
Offered	367	374	380	397	416	403	374	466		
Filled	348	352	345	360	369	306	254	276		
Unfilled	19	22	35	37	47	97	120	190		
Percent Filled	94.8%	94.1%	90.8%	90.7%	88.7%	75.9%	67.9%	59.2%		
PROGRAMS										
Offered	142	142	146	142	148	145	134	158		
Unfilled	15	15	24	24	34	64	68	93		
Percent Unfilled	10.6%	10.6%	16.4%	16.9%	23.0%	44.1%	50.7%	58.9%		
APPLICANTS										
Total	578	576	510	446	421	323	252*	280†		
U.S. Grads	149	139	97	102	100	91	79	81		
Osteopaths	28	15	23	23	18	22	22	27		
U.S. IMG	68	84	86	78	84	66	44	68		
Non–U.S. IMG	331	336	301	242	217	142	107	100		
Fifth Pathway	2	2	3	1	2	2	2	0		
*In AY 2015, 252 applicants listed nephrology as their "Preferred Specialty," 240 of whom matched in nephrology. †In AY 2016, 280 applicants listed nephrology as their "Preferred Specialty," 268 of whom matched in nephrology.										

Nephrology Match Results-NRMP SMS										
	Cha -AY 2015	-	Overall Change AY 2009–AY 2016							
POSITIONS										
Offered	+92	+25%	+99	+27%						
Filled	+22	+8.7%	-72	-21%						
Unfilled	+70	+58%	+171	+900%						
PROGRAMS										
Offered	+24	+18%	+16	+11%						
Unfilled	+25	+37%	+78	+520%						
APPLICANTS										
Total	+28	+11%	-370	-52%						
U.S. Grads	+2	+2.5%	-68	-46%						
Osteopaths	+5	+23%	-1	-4%						
U.S. IMG	+24	+55%	0	0%						
Non–U.S. IMG	-7	-7%	-231	-69.8%						
Fifth Pathway	-2	-100%	-2	-100%						

ERAS: A First Glance at Trends

Statistics from the Electronic Residency Application Service (ERAS) provide a first look at trends in interest in nephrology careers among internal medicine residents. Although the mean number of applications per candidate and mean applications per program have remained flat among USMGs, there has been a steep decline among IMGs. Overall applications to nephrology have declined for both groups, but more so for IMGs.

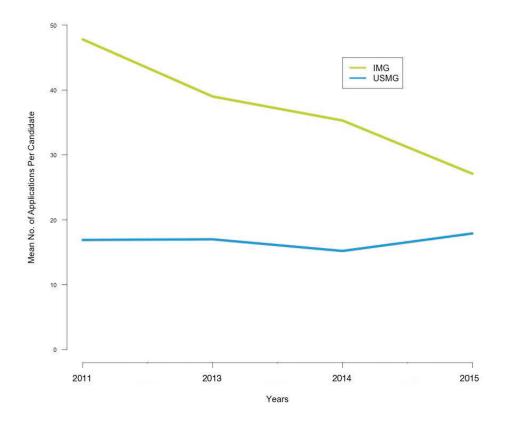
Of note, nephrology had the highest percentage of cross-registered fellowship applicants for an internal medicine subspecialty without an allied subspecialty (e.g., Hem-Onc, Pulmonary and Critical Care), according to the most recent data from ERAS 2014. Beginning in July 2016, nephrology training programs must be registered with NRMP in order to comply with "All-In" and access applications through ERAS.



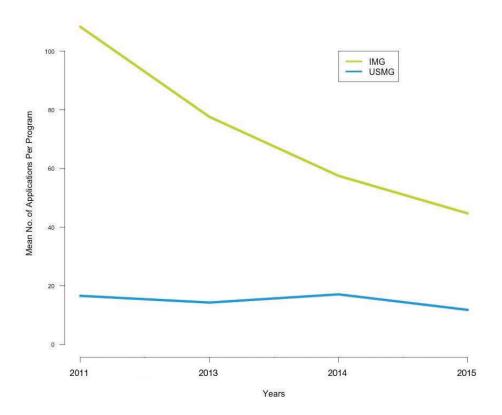
ERAS Applications for Nephrology 2011 to 2015

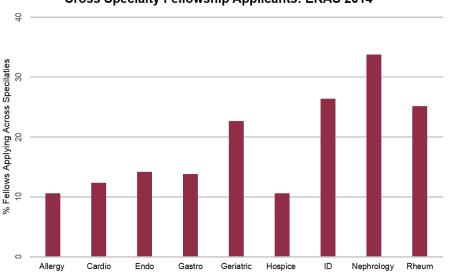
Nephrology did not recruit in 2012 because of a change from 18 to 12 month recuruitment cycle.

ERAS: Mean Applications Per Candidate 2011 to 2015









Cross Specialty Fellowship Applicants: ERAS 2014*

Sources

Accreditation Council for Graduate Medical Education. *Graduate Medical Education Data Resource Book.*

http://www.acgme.org/acgmeweb/tabid/259/GraduateMedicalEducation/GraduateMedicalEducationDat aResourceBook.aspx. Accessed November 30, 2015.

Association of American Medical Colleges. *Electronic Residency Application Service (ERAS) Statistics Data Book*.

Brotherton SE, et al. Graduate Medical Education [Series]. JAMA. 1999–2014.

Hsu CY, Parker MG, Ross MJ, Schmidt RJ, Harris RC, on behalf of the ASN Nephrology Match Task Force. Improving the Nephrology Match: the Path Forward. *J Am Soc Nephrol* 26: 2634–2639, 2015. doi: 10.1681/ASN.2015040420.

National Resident Matching Program. *NRMP Historical Reports—Results and Data: Specialties Matching Service*. <u>http://www.nrmp.org/match-data/nrmp-historical-reports/</u>. Accessed November 30, 2015.

Salsberg E, Masselink L, Wu X. *The US Nephrology Workforce: Developments and Trends*. Washington, DC: American Society of Nephrology; 2014.

Salsberg E, Masselink L, Wu X. *Findings from the 2014 Survey of Nephrology Fellows*. Washington, DC: American Society of Nephrology; 2014.

Salsberg E, Quigley L, Masselink L, Wu X, Collins A. *The US Nephrology Workforce 2015: Developments and Trends*. Washington, DC: American Society of Nephrology; 2015.